



Radiant Girls

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Day Camp Packing List

Get ready for a week of amazing experiences, new adventures, new friendships, and tons of fun!

Prepare for both hot and cool days, and possibly wet soggy days too. Stay Hydrated, and be ready to hike, swim, stretch and lounge in the summer sun! Check the list for unique items for some of our crafts too!

What to Bring - Labels Recommended

Refillable water bottle

Sunscreen

Bug spray & After-bite

Towel and face cloth

Yoga mat

Hiking/running shoes are mandatory

Printed pictures of things you aspire to be, do, achieve, have (or a few great magazines)

A single tube sock. Choose a cute clean one ;)

Bathing Suit

Water Shoes

Notes:

Backpacks, yoga mats, etc. can be left in our clubhouse each day. Our space will be locked at the end of each day. Masks are NOT required but can be worn indoors by choice. We do not recommend masks outdoors during activities.

Meals:

All of our camps except for our Ultimate Horse Camp include lunch and snacks. We will accommodate allergies and intolerances. There is always something for everyone - even the pickiest of eaters. Please do not bring your own food to camp.

No Nuts, Junk Food, or Candy!

It is imperative that campers do not bring nuts or candy to camp. Candy brought to camp poses a serious health risk to other campers with allergies, causes jealousy, and will attract unwanted bugs or animals.

Phone & Electronics Policy:

We are committed to preserving the spirit of camp - in our opinion, a cell phone, personal media players, and other electronic devices inhibit a person's link with camp experiences and diminishes the capacity to grow within a team and camp environment. For these reasons we will only be allowing cell phones for picture taking, music playing, and calling home during specifically scheduled times. Phones will be turned off and kept with the camp counselor outside of these times.





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Prohibited Items:

(Prohibited items will be confiscated.) No matches, lighters, vapes, knives, weapons, etc. Please refrain from wearing perfumes or aerosol deodorants (irritants to those with allergies and attract bugs!).

No Valuables

Do not bring jewelry, money, or anything that will be missed terribly if lost! We are not responsible for replacing items that are lost or damaged during camp.

Medications:

Any pharmaceutical medications, epi-pens, etc. need to be checked in with the Head Camp Leader during drop-off registration. If medication is to be administered, we must have specific instructions and permission in writing by a parent.

Drop Off Location

Drop off is at 5100 Appleby Line. There is a big sign at the entrance that says SIDRABENE. You will drive in, and follow the driveway to the end, past the gates into the park. Once in the parking lot follow the Radiant Girls signs. Our Welcome Team will be at a picnic table outside of the Cafe pavilion next to the playground. We will have a camp leader confirm your registration, review your emergency contact info, and confirm pick-up arrangements. Please make sure to review all allergies and medications at this time.

Drop Off & Pick Up Times

Remember camp starts at 9:00, and pick up is at 3:45. If you have paid for before or after care your start and end times are 8:30 and 4:30. If you have not paid for this, but will require it one of the days, please let us know so we are prepared. In the event you are early or late your account will be charged \$10 a day.

Covid Symptoms, Positive Results

In the event a camper has symptoms before camp they will be asked to stay home. If a camper develops symptoms during camp, they will be isolated with a staff member and families will be called to ask the camper be picked up promptly. In the event campers are exposed to Covid, the facility will undergo a deep clean, and families will be notified.

Emergency Contact

Gina can be reached at (905) 335-9591. If it's urgent, you may send a text so that it can be seen during the day in between activities. For non-urgent matters email info@radiantgirls.ca

Lastly, bring your smile and the intention that this is going to be The Best Week Ever! :)

